

## 8 Tips to Keep You a Happy Camper!

Let's be real! You're going on vacation and the last thing you want to do is spend your leisure time cooking. There are hills to hike, rivers to cross, and hammocks to laze in. So why not take advantage of our extensive camping experience and make your trip as stress-free as possible.

Here are eight excellent tips to bring out the gourmet in you while staying relaxed as you create gourmet meals for your family and friends.

1. Always call ahead and check with your campground to see if campfires are allowed. If not, don't despair! You can use a propane fueled portable fire pit to gather around and even cook on. These are available at most RV outlets.
2. Pick the recipes you will be cooking ahead of time (from *The Gourmet Girls Go Camping Cookbook* of course!) and mark the pages.
3. Store knives inside your fire pit mitt or buy a chef's knife case. We all have such a knife case, which keeps us uber-organized.
4. Pre-cut any veggies your recipes call for and store them in re-closeable plastic bags or re-usable containers in the fridge until it's time to transfer them to your cooler.
5. Place whatever meats you'll be cooking in re-closeable plastic bags and pour over any corresponding marinade. Freeze, and then transfer to your cooler just before you leave.
6. Keep your fresh herbs and greens in a separate cooler bag, away from ice or frozen products.
7. Be aware of the prevailing wind direction at your campsite, and orient your camp kitchen so that your camp stove opens against the wind.
8. Delegate! Ask your fellow campers to gather kindling for the fire, set the picnic table, and don't forget to assign someone to do the dishes. After all, you've cooked a spectacular meal. You deserve the hammock!

*"Pro camp chefs end up with all of their necessary items in a special bin dedicated to the sport of Camp Cheffing. This will ensure you'll always have exactly what you need every time."*



Gail Kearns, Lindsey Moran, Denise Woolery are The Gourmet Girls on Fire!

Phone: **805-898-2263**

Email: **[gourmetgirlsonfire@gmail.com](mailto:gourmetgirlsonfire@gmail.com)**

Website: **[www.gourmetgirlsonfire.com](http://www.gourmetgirlsonfire.com)**

Twitter: **[twitter.com/ggsonfire](https://twitter.com/ggsonfire)**

Facebook: **[www.facebook.com/gourmetgirlsonfire](https://www.facebook.com/gourmetgirlsonfire)**

Buy **The Gourmet Girls Go Camping Cookbook** now to make your next camping adventure a memorable one!

Available as an eBook at Amazon, iBooks, B&N, Google, Kobo, eSentral and OverDrive